

Tides

WATERFRONT KITCHEN

BREAKFAST 7am-11am

SIGNATURES

THE BREAKFAST SANDWICH 17

fried egg, prosciutto, gruyère cheese, baby arugula, tomato, harissa mayo, pretzel bun

MONTEREY BAY OMELET 15

bay shrimp, mushrooms, monterey jack cheese, breakfast potatoes

SAILOR'S OMELET 18

smoked salmon, bay shrimp spinach monterey jack cheese, sun-dried tomatoes

CASTROVILLE OMELET 17

artichoke hearts, baby spinach, sun-dried tomatoes, prosciutto, monterey jack, breakfast potatoes

BREAKFAST WRAP 15

scrambled eggs, bacon spinach potatoes, red chili crema, jack cheese, spinach tortilla, side of fresh fruit

AVOCADO TRIO TOAST 13

mashed avocado, multigrain, bacon, tomato, egg

STAPLES

SEASONAL FRUIT PLATE 11

GRANOLA PARFAIT 13

strawberry yogurt, fresh fruit, house granola

STEEL CUT OATMEAL 10

dried cherries & cranberries, brown sugar, milk

SMOKED SALMON & EVERYTHING BAGEL 16

cream cheese, tomato, cucumber, capers

TWO EGGS YOUR WAY 14

bacon, pork sausage, or grilled ham steak,
breakfast potatoes
beef patty +4

EGGS BENEDICT 16

english muffin, canadian bacon, hollandaise,
breakfast potatoes

FARMER'S MARKET SCRAMBLE 15

egg whites, spinach mushrooms monterey
cheese, breakfast potatoes, fresh fruit

CALIFORNIA OMELETTE 16

bacon, avocado, monterey jack cheese,
breakfast potatoes

SWEET

HOUSEMADE GRANOLA 10

local honey, mxed fruit, milk

HOUSEMADE PANCAKES 14

maple syrup, fresh butter
fresh cut fruit +3

STRAWBERRIES & CREAM FRENCH TOAST 15

candied pecans, rum-scented cream

SIDES

ASSORTED CEREALS 5

POTATOES OR TOAST 4

BAGEL WITH CREAM CHEESE 6

FRESH BAKED MUFFIN 6

CHILI-GLAZED BACON 7

BREAKFAST MEATS 6

smoked bacon, pork sausage,
grilled ham steak

Before placing your order, please inform your server if anyone in your party has a food allergy.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Tides

WATERFRONT KITCHEN

DINNER 5pm-9pm

SOUP & SALADS

MONTEREY CLAM CHOWDER 11
potatoes, onions, celery, cream

SEAFOOD SALAD 22
local farm lettuces, bay shrimp, smoked salmon,
bell peppers, olives, tomatoes, cucumbers,
avocado, lemon vinaigrette

STRAWBERRY CHICKEN SALAD 15
salinas field mix, candied pecans,
dried cherries, feta cheese,
balsamic vinaigrette

BLACK & BLUE WEDGE SALAD 19
baby iceberg, blackened shrimp, tomatoes,
chili-glazed bacon, blue cheese dressing

TIDES CAESAR SALAD 12
romaine lettuce, grana padano,
herb croutons
grilled chicken +6 shrimp +8

SMALL PLATES

SHRIMP COCKTAIL 14
house cocktail sauce, lemon

CALAMARI FRITTO 14
banana peppers, horseradish

CHARDONNAY-STEAMED CLAMS 13
garlic, celery, carrots, fresh herbs, butter

CRAB STUFFED MUSHROOMS 14
lime, butter

MONTEREY SAMPLER 24
calamari fritto, fire-roasted artichoke, shrimp
cocktail, crab-stuffed mushrooms

FIRE-ROASTED ARTICHOKE 15
sweet balsamic marinade, lemon basil aioli

SIX OYSTERS IN THE HALF SHELL* 22
cocktail sauce, horseradish, lemon

MAINS

FISHERMAN'S WHARF CIOPPINO 32
market fish and shellfish, tomato fennel broth

CHAR BROILED SWORDFISH 32
marble potatoes, vegetables, lobster sherry sauce

PARMESAN-CRUSTED SEABASS 33
oven-roasted baby potatoes, roasted red pepper coulis, seasonal vegetables

TREASURES OF THE SEA 34
grilled swordfish, sand dabs, seabass, prawns, saffron beurre blanc, jasmine rice, sautéed vegetables

SHRIMP SCAMPI 30
prawns, garlic, tomatoes, capers, basil, white wine, butter, jasmine rice, steamed vegetables

MARY'S FREE RANGE CHICKEN BREAST 28
watsonville mushroom sauce, steamed vegetables, garlic mashed potatoes

PACIFIC SAND DABS 26
lemon caper sauce, rice, seasonal vegetables

LOBSTER RAVIOLI 32
sherry lobster cream, steamed broccoli

CASTROVILLE PAPPARDELLE 20
artichoke hearts, peas, mushrooms, asparagus, sun-dried tomatoes, pecorino-basil crema

LAND & SEA 49
grilled ny steak & local shrimp, garlic mashed potatoes, seasonal vegetables, merlot sauce

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